

2025 USA Diving Junior Nationals Daily Events Schedule

Day 0 - July 24	Entries	Dives	Minutes	Duration	Start Time	End Time	Boards
Group 1 C/D Only				1h 15	8:00AM	9:15AM	All
Group 2 C/D Only				1h 15	9:15AM	10:30AM	All
Group 3 C/D Only				1h 15	10:30AM	11:45AM	All
A & B Only				1h 15	11:45AM	1:00PM	All
Coaches Meeting					1:00PM	2:00PM	CLOSED
Group 1 C/D Only				1h 15	2:00PM	3:15PM	All
Group 2 C/D Only				1h 15	3:15PM	4:30PM	All
Group 3 C/D Only				1h 15	4:30PM	5:45PM	All
A & B Only				1h 15	5:45PM	7:00PM	All
Pool Closed							

	= auxillary boards (open at all times an event is not being contested)
	= concrete boards
	= platform
	= training

Day 1 - July 25	Entries	Dives	Minutes	Duration	Start Time	End Time	Boards
Group 2				30 min	6:30 AM	7:00 AM	All
Group 3				30 min	7:00 AM	7:30 AM	All
Group 1				30 min	7:30 AM	8:00 AM	All
Event Warm Up							
D Girls 3m				55 min	8:00 AM	8:55 AM	
D Boys Plat				55 min	8:00 AM	8:55 AM	
C Boys 1m				55 min	8:00 AM	8:55 AM	
National Anthem				5 min	8:55AM	8:58AM	NONE
D Girls 3m Prelims	21/21	6	63	1h 5	9:00 AM	10:30 AM	
D Boys Plat Prelims	21	6	76	1h 15			
C Boys 1m Prelims	21/21	8	84	1h 25			
Group Training	**Buffer time to CLEAR ALL BOARDS before the next group starts**						
Group 2				1h 15	10:35 AM	11:50 AM	All
Group 3					11:53 AM	1:08 PM	All
Group 1				1h 15	1:10 PM	2:25 PM	All
Event Warm Up				40 min	2:30 PM	3:10 PM	
D Girls 3m Semi-Final	24	6	72	1h 15	3:15 PM	4:55 PM	
D Boys Plat Semi-Final	24	6	86	1h 25			
C Boys 1m Semi-Final	24	8	96	1h 36			
Introductions				10	5:00 PM	5:10 PM	NONE
Event Warm Up				15	5:10 PM	5:25 PM	
D Girls 3m Final	12	2	12	12 min	5:30 PM	5:50 PM	
D Boys Plat Final	12	2	14	20 min			
C Boys 1m Final	12	3	18	20 min			
Awards					5:55 PM	6:05 PM	
Open				1h 30	5:50 PM	7:00 PM	All
Pool Closed							

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